

let's play



Make Philippians 4:6 your family motto: "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God."

Prayer Times!

- If prayer is not currently a part of your family life, simply introduce prayer at mealtimes by explaining that God is an important member of your family, and you want to thank Him each time you sit down to a meal. As prayer becomes an expected and natural part of your mealtimes, you can begin praying with your children at other times as well.
- Let your children see and hear you pray, asking God for wisdom, courage or patience in everyday situations.
- When threats (from neighborhood bullies to national news) worry us, we need to help our children express their feelings and fears, too. Then take everyone's feelings to God! Help your children remember that God cares about your family and will help you.

The Thankful Game

Help your child get ready for prayer time by playing a guessing game. Look for an object that you are thankful for (shoes, apple, plant, etc.). Say, **I am thankful for something**



that is red. Child looks around and guesses what you are thankful for. Repeat by allowing your child to find something he or she is thankful for. After several rounds of the game, pray together, thanking God for all the good things He has given you.

By your example, you can introduce your children to prayer.



Eliezer must have **smiled** and **smiled**! The girl's name was Rebekah. She brought him to her house. He asked if Rebekah would go with him to marry Isaac. Rebekah said yes!

Soon, Eliezer and Rebekah got on the camels and **walked** and **walked** back to where Isaac lived. Isaac and Rebekah got married and **EVERYONE smiled!**



Family Talk

Fill a canteen or thermos with water. Share a drink with your child. Ask,

- When have you been very thirsty?
- Who traveled on a camel and asked for a drink? Why?

Prayer Time

Things to talk about:

- What can we thank God for when we pray?
- When do we need to ask for God's help?

Words to pray together:

Dear God, thank You for [repeat things your child mentioned]. We need Your help when [repeat times your child mentioned]. We love You. In Jesus' name, amen.

