

**MAIN POINT:**  
Jesus' resurrection turns our sorrow into joy.

### HIS STORY

- Have you ever lost something or someone that you loved?
- When facing heartache and grief, what are some ways we can stay anchored in the truth?
- Have you ever misidentified someone? If so, share.
- What are some ways you have recognized Jesus' presence and comfort in the painful moments of your life?
- How has God used others to comfort you? How can God use you to comfort others?
- When we are hurting, what are some unhealthy ways we seek comfort or try to numb our pain?

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### Essential Doctrine

**Christ's Exaltation** | Whereas the death of Christ was the ultimate example of His humiliation, the resurrection of Christ from the dead is the first and glorious example of Christ's exaltation. Christ was exalted when God raised Him from the dead, and Christ was exalted when He ascended to the Father's right hand. He will be exalted by all creation when He returns. All of these aspects work together to magnify the glory and worth of Christ, resulting in the praise of the glory of His grace in rescuing sinners.

